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# BEST THINGS TO DO IN McLAREN VALE

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*Autumn*  
*2017*

A local guide on the best places  
to eat, drink, stay, relax and  
explore in McLaren Vale and the  
Fleurieu Peninsula



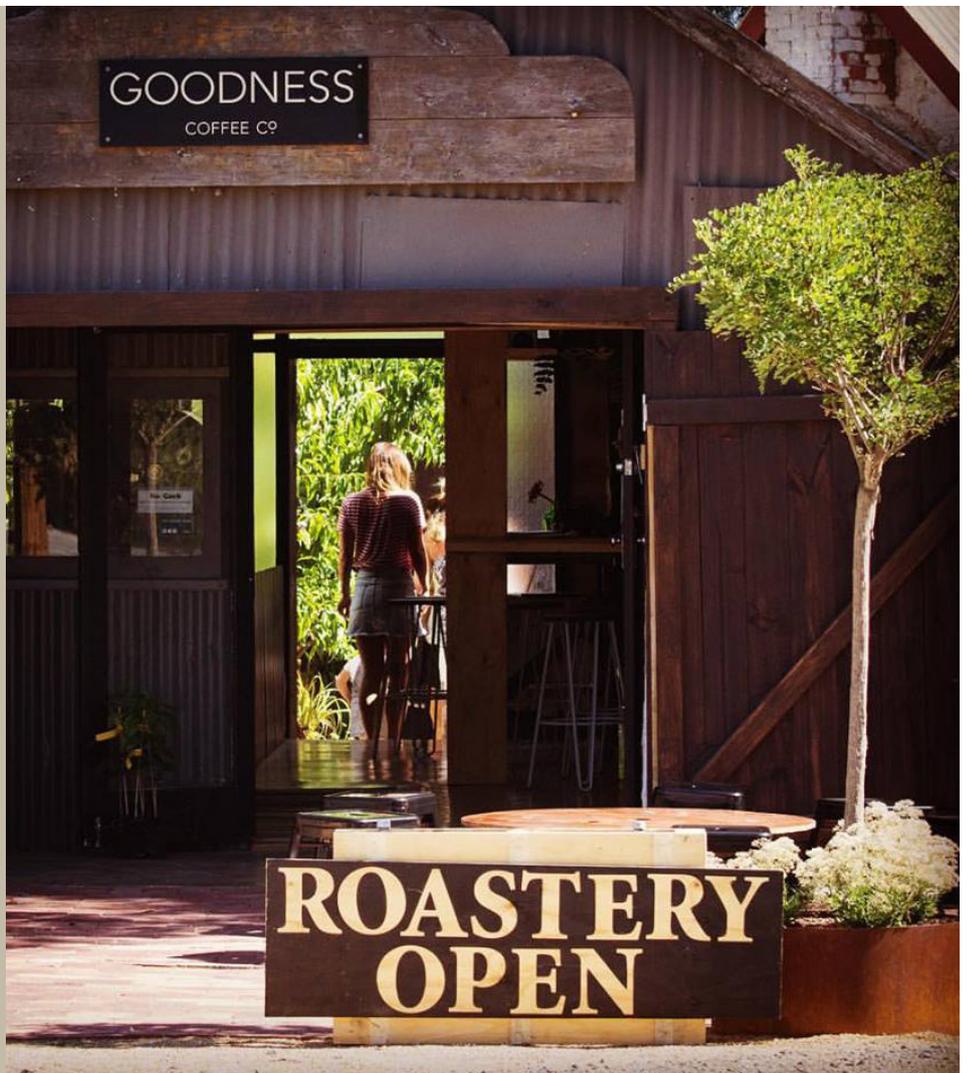
## TO PERK UP // *Goodness Coffee*

These new kids on the block have got the coffee game sorted. On entering the stone building, you can't help but divert your eyes to the wooden boards covering the floor pit and reminisce of this buildings original use. This is where for many a year local identity 'Mr Crisp' fixed our family cars – he was the friendliest grease monkey around and resided and lived on site right into his 80's.

Goodness Coffee have kept the heritage feel and decorated simply but tastefully. The lounge and bar area are complete with the coffee roasting machine, a pleasant sitting area out the front and a small alfresco garden out the back. Bike racks and water for dogs included. Coffee including Cold brew is their main game, with just a few treats so not to lose focus on this art.

Make it a must during your next visit down south.

- > 24 Old Coach Rd, Aldinga
- > [facebook.com/goodnesscaffeco](https://www.facebook.com/goodnesscaffeco)



## TO STAY // *Ridgetop Retreat – Deep Creek*

The Ridgetop Retreats were purpose built to take full advantage of their fabulous surroundings as they overlook the Stringybark Forest right in the heart of Deep Creek. Designed by renowned architect Max Pritchard the Ridgetop Retreats won the coveted Royal Australian Institute of Architects award for design excellence. Floor to ceiling windows provide panoramic views of the peaceful bush and nearby wildlife.

The Retreats offer open plan lounge, dining and kitchen spaces in an energy efficient yet

luxurious design. Complementing this are two bedrooms separated by a bathroom flooded with natural light from the lofty windows. Parquet floors, leather sofas, beechwood timber furnishings and cosy stone fireplace all add up to a stylish decor in a location to remember.

- > Address: Tapanappa Rd,  
Deep Creek Conservation Park. Delamere
- > [www.southernoceanretreats.com.au](http://www.southernoceanretreats.com.au)



## TO DRINK // *Mr Pilkington's Miracle Cider*

Made with only the freshest apples from the sun-dappled orchards of South Australia, Dr Pilkington's is best served over ice. The trained eye will note a light straw colour, while the palate delights in the crisp, true apple flavours. With its perfect carbonation and refined acid balance, Dr Pilkington's Miracle Cider is full of promise....

Best served on a warm day on ice!

Available in select liquor stores or Red Poles Gallery and Restaurant

- > 190 McMurtrie Rd, McLaren Vale
- > [www.dr Pilkingtons.com](http://www.dr Pilkingtons.com)





## TO EXPERIENCE // *Sup Down South*

It's all the craze and if you don't have your own board, hire a SUP Down South stand-up paddle board on the beaches of Port Willunga and Aldinga. With a minimal hourly hire charge and no car transportation needed, it really doesn't get any better.

Located at some of the best beaches in the world, the relaxation and tranquility cannot be rivalled. Warning! Beautiful dolphins quite often make an appearance to add to this experience.

Stay in the loop with SUP Down South facebook for hiring details. Often they host events including beach yoga and paddle board combined mornings.

- > [0422 563 922](tel:0422563922)
- > [facebook.com/SUP-Down-South](https://www.facebook.com/SUP-Down-South)



## TO EAT // *Romeo's Foodland*

Romeo's Foodland, McLaren Vale is by far the best one stop shop in McLaren Vale. Whether you are travelling through, collecting provisions for a self-catered stay or want a fabulous regional present, this South Australian owned supermarket is the best. Complete with a cheese room and store built sushi bar, there are also isles dedicated to gourmet regional produce of every kind.

Romeo Foodland guarantees that 50% of their Foodland brand produce is South Australian owned and 100% Australian owned.

We feel grateful to have this supermarket option in the heart of McLaren Vale.

- > [130 Main Rd, McLaren Vale](#)



Yvonne Sandover

Cellar door sales  
at Oliver's Taranga  
Vineyards.



Favourite hiding spot?  
*Maslins Beach and playground.*

Favourite place to eat?  
*The Greenroom, – Willunga.*



## OTHER LINKS //

- > [mclarenvale.info](http://mclarenvale.info)
- > [daytrippa.com.au/mclaren-vale](http://daytrippa.com.au/mclaren-vale)
- > [instagram.com/thefruitfulpursuit](https://www.instagram.com/thefruitfulpursuit)

Stay tuned, the Oliver's Taranga team will share more of our favourite places in Winter!

- > [246 Seaview Road, McLaren Vale SA 5171](#)
- > [oliverstaranga.com](http://oliverstaranga.com)

