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BEST THINGS TO DO IN McLAREN VALE

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Winter 2018

A local guide on the best places to eat, drink, stay, relax and
explore in McLaren Vale and the Fleurieu Peninsula.

Did you know? The Fleurieu has some of the best sunrises & sunsets

OLIVER'S



TO EAT // *Mother Duck*

Mother Duck café is a quaint but modern cafe, where you can feel the ethos and love as soon as you walk in. The breakfast and lunch menu is seasonal and locally sourced. Coffees, teas and wines have been carefully selected and complete this relaxed dining experience. The greatest appeal is the chefs and waiting staff that really believe in this wholesome food movement. With so many delectable dishes several visits are needed -but a duck breast egg benedict is my recommendation.

- > *1/13 Cadell Street*
Goolwa, South Australia
- > *motherduckcafe.com.au*
- > *Click here for menu*
- > *facebook.com/motherduckcafe*



TO DRINK // *Shifty Lizard Brewing Co.*

The Shifty Lizard Taphouse is Located in the picturesque town of Willunga SA.

The co-founders, Lee and Danny have been mates going on twenty years now. Growing up in the picturesque Onkaparinga district of Adelaide, they spent their days on their push bikes and kicking the footy around the local football club. Fast forward to the present day, brush over the ten years Lee spent in the UK working for some of Europe's largest breweries, and the two year stint Danny spent OS traveling and developing

his illustration style. And you will come crashing into the pair of them combining talents and experiences to build a fine range of ales with a unique image.

Come in and chat to these blokes while you sample all fresh beer from the tap. Then take a bunch home to share with your mates!

- > *Now Open at 33 High Street Willunga!*
- > *shiftylizard.com*
- > *facebook.com/ShiftyLizardBrewing/*



TO STAY // *Sea, Sips and Serenity BnB*



Air BnB has increasingly become the affordable way to travel. This beautiful well - appointed guest suite and lounge area of Sea, Sips and Serenity gives you accessibility to the infamous Maslin's Beach. You are also right at the doorstep of one of the best wine regions – McLaren Vale. With the freedom to come and go as you like and topped off with delicious locally sourced breakfast provisions, this makes this beach stay a relaxing option on your travels. There is the perfect host and will recommend places to visit. For contact and bookings

- > *airbnb.com.au*
- photo by Lachlan Swan*



TO READ // *Faces of the Fleurieu – Soul Publishing*

The concept of Soul Publishing was born in 2013, when owner and founder Rojina Park returned home to the Fleurieu. A passion was born to see this unique and bountiful region recognised both nationally and overseas.

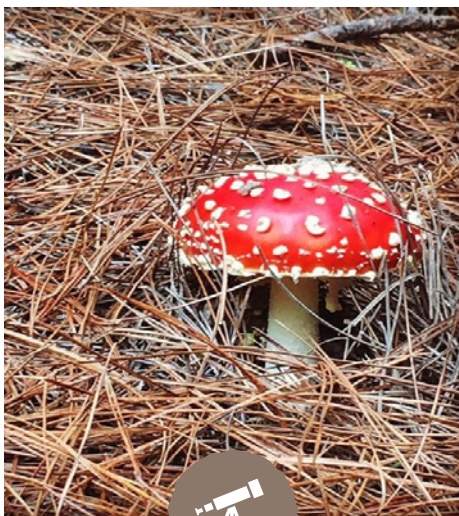
Soul Publishing's first publication, *Faces and Food of the Fleurieu* will be available in Spring 2018. In April a crowdfunding campaign endorsed by Australian actor Erik Thomson and Master Chef participant Jesse Spiby invited the Fleurieu's businesses, residents, and wider networks to pre-order a copy of the book. The aim of the campaign being to fund the first print run and build a sense of shared success in the wider community through the bringing to life of a book that is uniquely theirs.

Heather Millar, designers Erica Brady and Kim Jericho, two interns, and 20 recipe testers who will test every recipe in the book.

More than a cookbook and the first of its kind for the Fleurieu, this publication will showcase regional products through the stories of our farmers, fishers, producers and chefs. Each story in the 200+ page hardcover book will profile a person and their product, as well as a recipe or tip, complemented by stunning photographs. The book is planned for publication by an Australian printer from July 2018, and it will have a retail value of \$65.00.

Presale opportunities exist to get your hands on a copy of this stunning book secure your copy now.

- > facesandfood.com.au
- > facebook.com/rojinamcdonaldpark
- > instagram.com/facesandfoodofthefleurieu



TO EXPLORE // *Tingella Walking Trail*

Experience Kuyto forest this winter with a hike along 'The Tingella Trail'. This circuit is 12km of undulation through this stunning wooded area. Hikers, horseriders and mountain bikers alike can enjoy the fresh air and potent 'pine' aroma.

If you are lucky enough to hike during mushroom season, you can forage for your own or at least search for some fairies under the infamous red toadstools (*Amanita Muscaria*).

> walkingsa.org.au

Soul Publishing has assembled a small team which includes SA photographer Josie Withers, writer

Winter Hot Tip

If you mention - The Best Things to do in McLaren Vale pdf you will receive \$10 off your Sea, Sips and Serenity booking.

> airbnb.com.au



OTHER LINKS //

- > mclarenvale.info
- > daytrippa.com.au/mclaren-vale
- > instagram.com/thefruitfulpursuit

Stay tuned, the Oliver's Taranga team will share more of our favourite places in Spring!

- > [246 Seaview Road, McLaren Vale SA 5171](http://246SeaviewRoad,McLarenValeSA5171)
- > oliverstaranga.com

